

Just Be-Tween Us



M A R Y & A L E X A N D E R
Laughlin Children's Center
your child's bridge to successful learning

laughlincenter.org

412-741-4087

424 Frederick Avenue
Sewickley, PA

A small group designed to address
the common obstacles of the
middle school setting.

Age: 9 - 13

Dates: August 5th - 8th

Time: 5-6:30PM

Fee: \$144 for four 90 minute sessions

Maximum number of Participants: 6

Group will be lead by Stevee Roche, LPC and possible interns.

Day 1 Self-Esteem and Friendship

Day 2 Cyber-Bullying & Handling Social Pressures

Day 3 Managing ADHD, Anxiety, and Academic Pressures

Day 4 Positive Coping and Stress Relief